

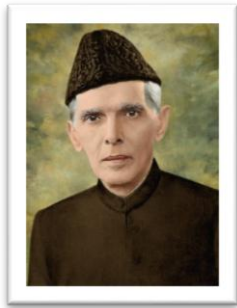
Our country:

Our country is Pakistan. It came into being on 14 of august 1947.

Quaid e Azam Muhammad Ali Jinnah is the founder of Pakistan.

Students' Learning Outcomes

Recognize the map of Pakistan.



Name of Pakistan

The full name of Pakistan is **“Islamic Republic of Pakistan”**.

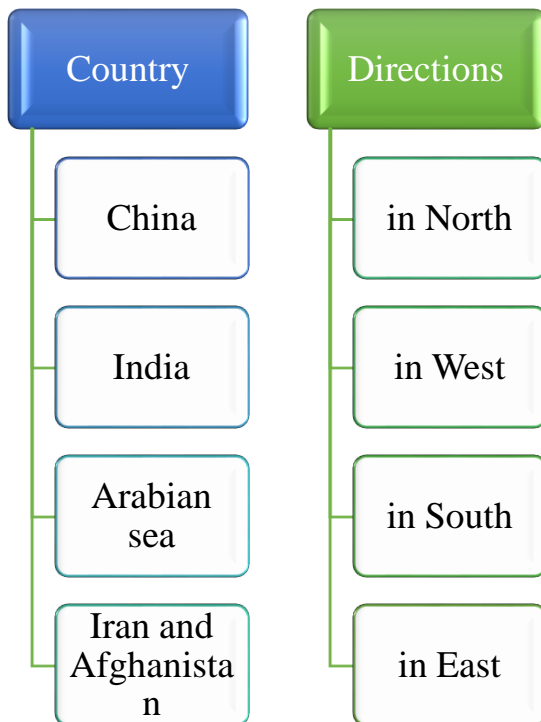
Chaudhary Rehmat Ali coined the name of Pakistan.

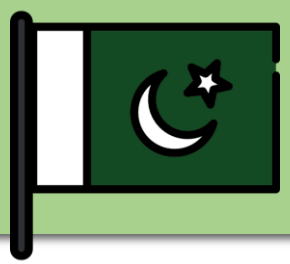


Map of Pakistan:

Pakistan is located in South Asia.

Pakistan is surrounded by:





Provinces of Pakistan

Pakistan has four provinces:

- ❖ Punjab
- ❖ Sindh
- ❖ Balochistan
- ❖ Khyber Pakhtunkhwa (KPK)

Apart from these provinces, Pakistan also has important areas.

Such as:

- ❖ Azad Jammu and Kashmir. (AJK)
- ❖ Islamabad capitol territory (ICT)

Punjab:

Punjab means the “**land of five rivers**”.

- The five rivers are the Ravi, the Jhelum, the Chenab, the Sutlej, and the Indus.
- This is the largest province by population.
- It has fertile soil.

| | |
|---------------|---|
| People | Punjabi |
| Capital | Lahore |
| Language | Saraiki , Punjabi |
| Famous dishes | Lassi, Saag, Makki roti |
| Festivals | Horse and cattle show |
| Dressing | Punjabi Kurta and Tehmat (Men) Shalwar kameez with dupatta (Women) |

Students' Learning Outcomes

Name the provinces and areas; Azad Jammu and Kashmir (AJK), Gilgit Baltistan (GB), Islamabad Capital Territory of Pakistan.

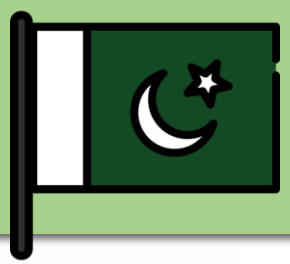
Depict the cultural festival of all provinces and areas of Pakistan.



Capital of Pakistan

Islamabad is the capital city of Pakistan.





Sindh:

Sindh is the “**land of sunny beaches and golden deserts**”.

- Its culture and civilization is very old.

| | |
|---------------|--|
| People | Sindhi |
| Capital | Karachi |
| Language | Sindhi |
| Famous dishes | Sindhi biryani, Nihari |
| Festivals | Jashne Larkana |
| Dressing | Shalwar kameez or sherwani with a Sindhi cap. Shalwar kameez with an Ajrak shawl. |



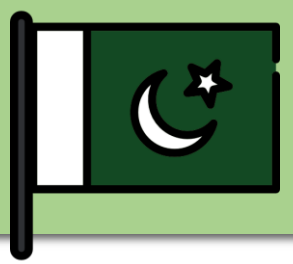
Balochistan:

Balochistan is the **largest province** of Pakistan in terms of area.

- Its dry fruits are famous across Pakistan.

| | |
|---------------|--|
| People | Balochi |
| Capital | Quetta |
| Language | Balochi, Baruhi |
| Famous dishes | Sajji, Khaadi kebab |
| Festivals | Sibi festival |
| Dressing | Shalwar kameez and turban Long adorned shalwar kameez with dupatta. |





Khyber Pakhtunkhwa:

Khyber Pakhtunkhwa is a hilly area. It has beautiful mountains and valleys.

- People of KPK are very hard working and hospitable.



| | |
|---------------|---|
| People | Pakhtoons |
| Capital | Peshawar |
| Language | Pashto |
| Famous dishes | Chapli Kebab, Kabli Pulao |
| Festivals | Kalam festival |
| Dressing | Shalwar Kameez with waistcoat and a turban. Coloured frock with shalwar and a dupatta. |

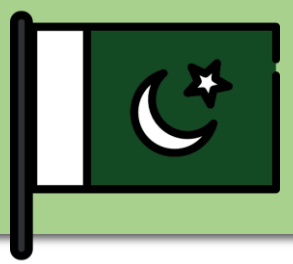


Azad Jammu and Kashmir:

AJK is a beautiful land of mountains and valleys, river and lakes.

| | |
|---------------|---|
| People | Kashmiris |
| Capital | Muzaffarabad |
| Language | Kashmiri and Pahari |
| Famous dishes | Shab daig, Ghastaba |
| Festivals | Kashmir Festival |
| Dressing | Gown called Pheran with a cap. (Men) Pheran and a scarf. (Women) |





National flag:

The national flag is very important because it is a national symbol of a country. It has special colors and pictures. Like every country, Pakistan also has its flag.

It has two colours:

- ❖ Green
- ❖ White

Green colour represents Muslim community.

White colour represents non-Muslim community.

It has a star and a moon (crescent).

- ❖ **Crescent** is the symbol of progress.
- ❖ **Five pointed star** represents light and knowledge.

Students' Learning Outcomes

Recognize the significance of the national flag.

